



Student Story

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Meet "James" (not the students real name):

How did you hear about the Recovery and Wellbeing College?

I heard about the Recovery College from Blossoms Wellbeing Hub and they became a positive distraction from the trouble I have in my life.

Have you gained any skills?

I feel that I am more open about things.



Describe your Recovery and Wellbeing College journey so far.

Joe and Acho have been helping me to feel myself again as I have been down. They have brought my mood back up.

What do you think the Recovery and Wellbeing College does well?

I like the gather and game session as I have a good time with other people who are there for the same reasons.

What are you hopes for the future?

I want to eventually volunteer with the Recovery College so I can help people like they helped me.

Would you recommend the Recovery and Wellbeing College to others?

I would recommend it as it has helped me a lot and I feel it could help other people.

Do you have any suggestions as to how we could improve our Recovery and Wellbeing College community?

Everything is perfect.